

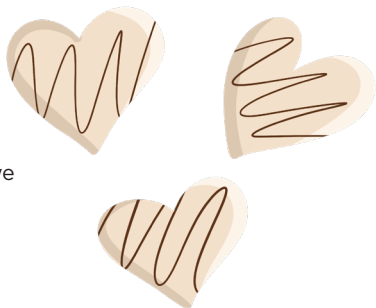
FAMILY FEAST

Activity Card

Week 5: Peppermint Creams

What you will need:

- 1 Egg
- Peppermint flavouring
- Icing Sugar
- Cookie cutter of any shape (we used hearts!)
- Chocolate (melted)



Instructions:

1. Wash your hands!
2. Separate the egg white from your egg. This can be tricky so ask a grown up if you need help!
3. Whisk the egg white.
4. Mix in the icing sugar 2 tablespoons at a time and keep adding until your mixture is stiff and can be molded into a dough.
5. Add in 1/2 teaspoon of peppermint flavouring.
6. Roll out the dough.
7. Cut shapes out of the dough using a cookie cutter.
8. Put in fridge for 1 hour.
9. Once set, drizzle with melted chocolate.
10. Put back in fridge to set. Then enjoy!

